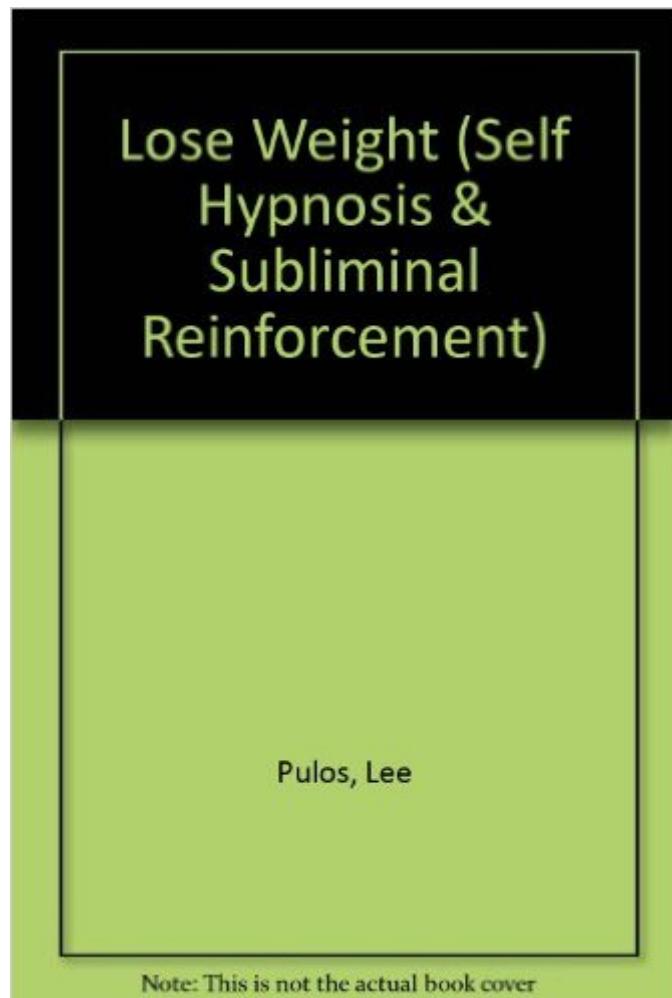


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# Lose Weight (Self Hypnosis And Subliminal Reinforcement)



## Synopsis

You can reach your goals effortlessly and easily, by utilizing the two most powerful and effective personal motivation and self-improvement tools available. Each method is designed for different applications, and so you have one cassette for the car or office, and one for home. Dr. Lee Pulos, internationally recognized Clinical Psychologist is your personal guide on these professionally created cassettes. Dr. Pulos's programs are the result of many years of successful treatment of habit disorders. He has held teaching appointments at the Universities of Indiana, Wisconsin and British Columbia, and is a member of the American Society of Clinical Hypnosis.

## Book Information

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